

# Let's Talk



## Need advice, support or information?

Pop in for a friendly chat with a member of the Adult Social Services team.

**No appointment needed.**

### We can help with:

-  Staying independent at home
-  Care and support options
-  Support for unpaid carers
-  Local services and community groups
-  Information and advice
-  Understanding what support is available



**Location:** Glaven Caring. Blakeney, Holt



**Date(s):** 6 & 17 Nov | 4 Dec & 15 Dec 2026



**Time:** 9am-2pm



### Everyone welcome

No question is too small. Everyone is welcome.  
Looking for support for yourself, a family member, friend or neighbour?  
Pop in for a chat and find out what help is available.



Informal  
conversation



Friendly advice  
and guidance



Family members  
and carers welcome



**Norfolk**  
County Council



Glaven Caring  
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